

10k Results 2009

Position	Race No	Full name	Time
53	41	COLLINGE, Maddy	48:27
83	93	GRIFFITHS, Lorraine	52:24
109	29	CROCKFORD, Kathy	59:30
114	89	WILLIAMS, Helen	60:55
139	55	BAKER, Janice	91:04

10k Results 2009

m/f	Category
F	50+
F	50+
F	50+
F	50+
F	50+